

# **Neighbor Nest — Welcome: How the Nes**

Subject: Build your small circle 3 roles: Watchers, Runners, Resters. Rotate. No helpers just neighbors.

# **Neighbor Nest — Needs → Offers**

Subject: Board basics Post with clarity. Accept with consent. Logistics in the thread feelings in the DMs.

## **Neighbor Nest — Warm Handoffs**

Subject: We're not caseworkers We guide to services kindly, without gatekeeping

# **Neighbor Nest — Safety & Boundaries**

Subject: Care that doesn't burn you out Two-hour caps, buddy system, 'no' is a safe word

# **Neighbor Nest — Funding with Receipts**

Subject: Money that minds its manners Transparent ledgers, opt-in subs, monthly receipts.